

Do you know the difference between a 6 Week Health Visitor review and a 6 Week Postnatal Check up?

It is important to attend both appointments

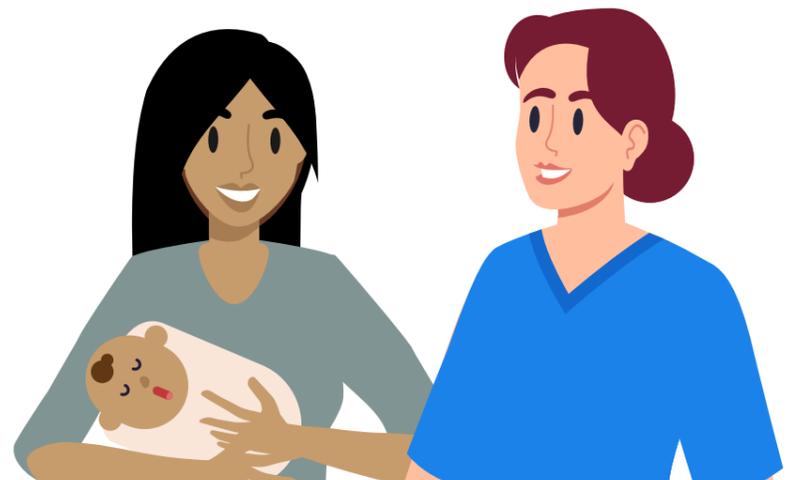


6 Week Health Visitor Appointment

This is an appointment with your Health Visitor.

Focus on both the baby's and mothers' wellbeing.

You will have the opportunity to discuss your babies brain development and discuss topics such as baby's growth and development, infant feeding, safe sleeping, accident prevention, and immunisations.



6 Week GP (Doctor) Postnatal Check-up

This appointment is with your GP (Doctor) or midwife.

Focuses on the mother's physical recovery from pregnancy and childbirth.

This is an examination, mental health screening, and discussions about contraception and future pregnancies.

The checkup also provides an opportunity to address any concerns about mothers' health.

Baby's physical check up.

If you require advice and support from the Health Visiting Service, School Nurse Service or any of our teams, please contact our **Single Point of Access** on **01922 603074** or **send a text explaining your concerns** with your **child's name, date of birth** and **NHS number** to **07520 634909**.