If you're pregnant or have children

younger than 4, you could get free

Healthy Start Vitamins and up to £8.50

a week to buy healthy food and milk.

To learn more about this scheme, ask either a member of staff, or contact Walsall's Healthy Child Programme Team on bcicb.walsallhcp0-19.spa@nhs.net or (01922) 603074

> Visit the NHS Healthy Start website:



NHS





