

#### Walsall Library and Knowledge Services KNOWvember – Invited colleagues to participate in a randomised coffee trial (RCT).



# Benefits of a RCT included:

- Building relationships improving communication, sharing knowledge and ideas.
- Providing time to chat to people about things that aren't directly work related, as well as some useful work-related conversations.
- Creating an opportunity to meet people you won't necessarily be directly working with but it's nice to know who they are!
- Encouraging links and collaboration within the organisation.

## #KNOWvember23



# How did it work?

- Following promotion; they received interest from a multi-professional range of participates, achieving a target of 100 participates these ranged from Clinicians, Directors, Managers, Allied Health Professionals, Nurses, Admin/Clerical and Students.
- Colleagues were randomly matched and advised to meet for around 20-30 minutes in a place that suited them.
- Colleagues were issued with a conversation prompt sheet (use of this was optional).
- Colleagues were also encouraged to provide their feedback via Twitter
  #WALRCT23 or email.

### **#KNOW**vember23

Thank you to everyone who participated, here are just a few examples of feedback received.

#### Christian Ward @christianmward · Dec 6

Enjoyed a fascinating (but delayed) #knowvember coffee with Cora Billyard, Deputy Lead PA @WalsallHcareNHS. Gained valuable insights into the evolving role of Physician Associates and its positive impact on service.



Manor Library @Health\_Library · Nov 24

Our 'Randomised Coffee Trial' is connecting colleagues across @WalsallHcareNHS and @RWT\_NHS with people they wouldn't normally meet. Here's Liz and Ravi enjoying a coffee and learning more about each other's roles. #KNOWvember #KNOWvember23 #WALRCT23



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Manor Library @Health\_Library · Nov 16 Another successful #KNOWvember pairing! Remember to share a photo of your meet up too.



#### **#KNOW**vember23

Thank you to everyone who participated, here are just a few examples of feedback received.



A 'Randomised Coffee Trial' is a chance for @WalsallHcareNHS and @RWT\_NHS colleagues to connect with people they wouldn't normally meet. Here's Michelle and Marie enjoying a cuppa and learning more about each other's roles. #KNOWvember #KNOWvember23 #WALRCT23



Manor Library @Health\_Library · Nov 13 ···· Thank you #KNOWvember; great pairing, really enjoyed the conversation and coffee! @ @TeamResus #KNOWvember23 #WALRCT23



Manor Library @Health\_Library · Nov 15 · · · It's another fantastic #KNOWvember meet-up! who signed up to this great event. We are looking forward to seeing more photos this month. #WALRCT23 #KNOWvember23 @WalsallHcareNHS @BryarsEb @scartwright100

Sther Waterhouse @BryarsEb · Nov 14 Lovely to meet Steph Cartwright through knowvember @WalsallMLCC





If you missed out plans will soon be underway for KNOWvember24 sign up or look out for promotions nearer the time, hope you can join us! Email wht.library.service@nhs.net