

Health Literacy

Providing you with the tools to effectively communicate with your patients.

e-Learning module

[Health literacy](#) is about people having enough knowledge, understanding, skills and confidence to use health information, to be active partners in their care, and to navigate health and social care systems. At the end of the session, you will know why health literacy is important and how to use some simple techniques to improve how you communicate and check understanding with others. Use your [NHS OpenAthens account](#) to access the module.

Group (face to face)

This session combines online learning with group discussions on participants' experiences of health literacy. There is also the opportunity to look at and discuss written patient information.

Learning Outcomes:

- Understand what is meant by health literacy
- Consider the impact that poor health literacy plays in relationships with patients
- What healthcare professionals can do to help overcome the obstacles of poor health literacy

Duration: 1 hour and 30 minutes

Targeted Audience:

Suitable for all those interested in making themselves better understood when talking with patients.

To arrange tailored training fill out the [Training Request Form](#) and select the teaching session(s) you wish to attend.