

Introduction to Solid Foods



Walsall Healthcare
NHS Trust

If you like more information on how to introduce solid foods to your baby, then join us at one of the **Local Family HUBS**.

A member of the infant feeding service will be available to answer any questions and support you through this exciting stage in your baby's feeding journey.

Tuesday 14 November 9.30am - 11.30am

North Family Hub, 275 Blakenall Lane, Blakenall, Walsall, WS3 1HJ

Thursday 14 December 1pm - 3pm

West Family Hub, Ilmington House, Crescent Road, Wednesbury, WS10 8AE

Tuesday 9 Jan 9.30am - 11.30am

Brownhills Community Association, Chester Road North, Brownhills, WS8 7JS

Tuesday 13 Feb 1pm - 3pm

Nash Dom Community Hub, Sun Street, Walsall, WS1 4AL

Tuesday 12 March 9.30am - 11.30am

North Family Hub, 275 Blakenall Lane, Blakenall, Walsall, WS3 1HJ

Tuesday 9 April 1pm - 3pm

West Family Hub, Ilmington House, Crescent Road, Wednesbury, WS10 8AE

Tuesday 14 May 9.30am - 11.30am

East Family Hub, Silver Court, Walsall, WS8 6HA

Tuesday 11 June 9.30am - 11.30am

Nash Dom Community Hub, Sun Street, Walsall, WS1 4AL

To book your place please email

familyhubs@walsall.gov.uk



**Walsall
Family Hubs**

Supporting families to live happier lives

To deliver exceptional care together to improve
the health and wellbeing of our communities

