



# Walsall Family Hubs

Supporting families to live happier lives

## Apps available for families

### Baby Buddy App

Download the award-winning, FREE Baby Buddy app on the App Store or Google Play Store – now with an extra feature just for parents in Walsall!

#BabyBuddyApp is made for mums, dads and caregivers, and is proven to build parenting knowledge and support you with breastfeeding, mental health, and practical advice - up to your child's 1<sup>st</sup> birthday. The app has daily information throughout the journey into parenthood and is trusted and endorsed by health professionals, including the Royal College of Midwives.



### Support Your Child's Development For Free

Download the EasyPeasy app and discover the best tips and activity ideas, personalised for you and your 0-5 year old shared by our community of parents and experts.

Scan to join



### Easy Peasy App

The EasyPeasy app provides parenting tips and activities, personalised for families with children aged 0-5 years.

The app brings together the best ideas, advice, and inspiration from a global community of parents, experts, and your favourite early years brands. Easy Peasy philosophy is evidence-based and simple. Early child development is fuelled by real-world interactions between you and your child.

### Dads Pad

Dads Pad can be downloaded via the App store or google play. It's the essential guide for new dads, developed with the NHS. As a new dad you will feel excited, but you may also feel left out, unsure or overwhelmed. The DadPad can help by giving you the knowledge and practical skills that you need. The resource will support you and your partner to give your baby the best possible start in life. Visit the website for more information [DadPad | The Essential Guide for New Dads | Support Guide for New Dads \(thedadpad.co.uk\)](http://DadPad | The Essential Guide for New Dads | Support Guide for New Dads (thedadpad.co.uk))



### For more information:

Visit Walsall Family Hubs or scan the QR code. Follow us on Facebook @walsallfamiliesintheknow for updates or email us familyhubs@walsall.gov.uk



Scan here



Funded by UK Government



Walsall Council

