

Hope 4U, funded by Western Power Distribution, are delivering a free service to patients of Walsall NHS Trust.

You can get help to join the Priority Services Register, receive a benefit entitlement check, or see how you could save energy and money.


To get help, ask your nurse or doctor to be referred to Hope 4U. We will then contact you and arrange a convenient time to talk through how we can help.



FOR A BRIGHTER FUTURE

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Maternity Grants & Advice



FOR A BRIGHTER FUTURE



Serving the Midlands, South West and Wales



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BENEFIT ENTITLEMENT CHECK

The free service will check if you are receiving all benefits that you are entitled to. Remember, benefit payments are not just for the unemployed, it depends on your circumstances.

We will discuss with you the Healthy Start Vouchers and the Sure Start Maternity Grants to see if you qualify.

There may also be other grants available which you may be able to apply for, such as the Warm Home Discount, or to a charitable trust for help.

ENERGY CHECK

An energy check together with hints and tips will help you reduce your energy usage and save money. Energy tariffs can be checked to find the best deals to see if your electricity and gas expenses could be lowered.

We will check if you meet the criteria for extra help, such as a new boiler, cavity/loft installation.

If you are in arrears with your energy bill, you may be able to apply for help from a charitable trust.

HEALTHY START VOUCHERS

If you are pregnant or have a child under 4, the Healthy Start scheme can help you buy basic foods like milk or fruit. You must be receiving one of the qualifying benefits to apply.

You will get 1 voucher worth £4.25 from the 10th week of your pregnancy or if you have a child aged between 1 and 4. You get 2 vouchers a week if you have a child under 1.

Full details of the Healthy Start vouchers scheme can be found at: <https://www.healthystart.nhs.uk/>

or call 0345 607 6823 to apply

**Remember
to claim
free prescriptions
and dental care**



SURE START MATERNITY GRANTS

A Sure Start maternity grant is a one-off payment of £500 available to help with the costs of having a child.

To qualify:

- ✓ You are expecting your first child, or you are expecting a multiple birth and have children already
- ✓ You or your partner already get certain benefits

You can claim from 11 weeks before the week your baby is due. The latest you can claim is 6 months after your baby is born.

To claim, print and fill out the Sure Start Maternity Grant (SF100) claim form.

PRIORITY SERVICE REGISTER

If you already have children under the age of 5, you can join the Priority Services Register, for free. Sometimes power cuts can happen which can be particularly worrying.

By joining the register, you will receive a direct number to call if the power is cut and you will be kept informed of what is happening. You could also be provided with extra help, if needed.