



Woanyinsen?

Wɔ wo COVID-19 mpanee

Yɛkamfo COVID-19 panee no ma apemfoɔ ne mmaa a wɔrema nkwadaa nufɔɔ

COVID-19 nnuro a ɛwɔ UK man mu no, ada adi sɛ ɛyɛ adwuma yie na banbo pa nso ɛwɔ mu. Ɛho hia sɛ wowo wo COVID-19 mpanee no de bo wone wo ba ho ban.

COVID-19 panee wɔ nyinsɛn mu

Badwakuo a wɔhwɛ Paneeɔ ne Aduomasoɔ (JCVI) de afutuo ama mprenmpren sɛ mmaa woanyinsɛn na ɛyɛ hu ma won pa ara ma won bere a woanya COVID-19 yareɛ no bi. Wɔrekae mmaa apemfoɔ sɛ wonkɔwɔ won COVID-19 mpanee animanim yi ara. Ɛnse sɛ wɔtwentwen paneeɔ no ase kɔsi wɔbɛwo awie. Wei bebɔ won ho ne won mma no ho ban. Wɔ UK man mu no, maa pemfoɔ bebɔro 100,000 na wɔawɔ won Pfizer ne Moderna nnuro no na ɛyɛ adeɛ a ɛtumi bo ban.

Cononavirus nni nnuro wei mu na ɛntumi nsae mmaa apemfoɔ anaase won mma wonwoo won a wɔhyɛ yafunu mu no.

Wiasɛ Nyinaa Ahyehyɛdɛɛ a ɛhwɛ Apomuden (World Health Organisation (WHO)) soɔ ne akuo ahodoɔ wɔyɛ nnoɔma ho ntotoeɛsoɔ a wɔwɔ UK, USA, Canada ne Europe gu so ara reyɛ COVID-19-nnuro no mu nhwehwɛmu.

Pfizer ne Moderna nnuro no ne nnuro a wɔkamfo ma mmaa apemfoɔ ɛmfa ho ne won mfɛɛ a wɔadi bere a wɔrebɛwɔ won panee deɛ ɛdi kan no.

Obiara a wɔafiri aseɛ adi kan awɔ panee na wɔmaa no deɛ ɛto so mmienɛn bere a ɔnyem no, ɛsɛ sɛ wɔsane kɔwɔ aduro koro no ara bio deɛ ɛto so mmienɛn gye sɛ ebia wɔdii kan wɔ deɛ ɛdi kan no ɛnyaa nkɛntɛnsɔɔ huhuuhu bi ne so.

Hunu pii ɛfa nyinsɛn no ho, nufɔɔma,awɔ ne coronavirus (COVID-19) paneeɔ ɛwɔ NHS wɛbsaet

Adɛn na mehia panee sɛ manyinsɛn a?

Sɛ wonyaa COVID-19 yareɛ no bi wo nyinsɛn no bere a ɛtwa toɔ no a, wone wo ba a wonwoo no no, ɛbetumi ayɛ hu sɛ mobɛnya yareɛ a ɛyɛ hu a ɛbɛhia sɛ wokɔgyɛ ayaresa wɔ ayaresabea, na wonhia ntɛnsifu kɛɛ mmoa. Amanneɛbo a ɛfiri UK kyere sɛ, mmaa apemfoɔ a woanya COVID-19 a na wɔhia ayaresa wɔ ayaresabea anaase ntɛnsifu kɛɛ no, wonwɔ won panee. Adeɛ a ɛyɛ hu a COVID-19 yareɛ no betumi ayɛ hu ama wo ne ba foforo no na ɛwɔ fam nanso ɛko soro ɛfiri bere COVID-19 yareɛ a ɛdi kan yii ne ti no.

COVID-19 panee a wowo no nyinsɛn bere mu no, ɛma wo banbo ko soro kotia yareɛ. Wɔako so ara abɔ anohoba mpen pii wo UK man mu ne aman ahodoɔ sɛ COVID-19 nnuro a wode ma mmaa apemfoɔ sɛ nnuro no ɛbo ban.

Ɛho hia sɛ wowo panee no nyinaa na abɔ wo ne ba no ho ban. Ntwɛn nkɔsi sɛ wɔbɛwo.

Mmaa apemfoɔ a wowo nyarewa bi na ɛyɛ hu ma won sɛ, sɛ wonya COVID-19 a ɛbeyɛ hu ama won pa ara.

Nnoɔma ɛyɛ hu ɛma mmaa apemfoɔ

Sɛ wowo nyarewa te sɛ:

- nipadua mu (immune) haw
- asikyeryareɛ
- mogya mmososɔ
- koma yareɛ
- ntehyewa

Anaase

- woayɛkɛsɛɛ mmososɔ
- wadi boro mfɛɛ 35
- ɛwɔ wo nyinsɛn no fa a ɛto mmiensa (bebɔro nnawɔtwe 28)
- nnipa tuntum anaase asiani a wɔnɔɔso abusuakuo ahyɛaseɛ
- anaase wonnwɔ panee anaase wonnwɔ nwieɛɛ

Ɛyɛ hu pa ara ma wo sene mmaa a wɔne wo mfɛɛ pɛ a wonnyinsɛnɛɛ.

Wei kyerε sεn εma me?

Worenyinsεn

Ɛho nhia sε wobεkwati sε wobenyinsεn bere a woawo COVID-19 paneε no awie no.

Adanseε biara nni hε a εkyere sε obi wε COVID-19 paneε no a εnya nsunsoε bi wε nyem anaase nyinsεn a obi βεtumi anyinsεn ho.

Sε wonyem a

COVID-19 nnuro bε mmaa apemfoε ho ban yie firi COVID-19 yareε ho a εβεtumi akotia COVID-19 yareε a εβεtumi aha adwene pa ara akyire pa ara ama mmaa binom.

Dee edi kan a εye COVID-19 aduro βεbε wo ho bn yie. Ɛho hia sε wowo wo paneε bere ano na woanya banbε a εsε. Ɛsε sε wowo dee εto so mmienun no nnawotwe 8 kosi 12 wε bere a wowoε wo dee a edi kan nie. Ɛnse wokye wε dee εto so mmienun yi ho. Sε biribi nti na wotwetwenn wo paneεwε no a, wε wo paneε no animanim ara.

Sε woawo wo COVID-19 paneε a edi kan na woanya nsunsoε kεsεε biara a, wobεtumi awo aduro koro no ara ne mprenu so.

Sε dee wodii kan wεsεε no ye AstraZeneca aduro no a, εsε sε wohwe nsem a εwε krataawa yi so www.gov.uk/government/publications/covid-19-vaccination-and-blood-clotting.

Nnuro a εboa hye mpo mu den

Mmaa a wonyem sε fata sε wεma wεn nnuro a εboa hye mpo mu den, nnawotwe 12 wε wεn dee εto so mmienun no. Dee wode ma εboa hye mpo mu den βεtumi aye Pfizer anaase Moderna aduro.

Aduro biara nni hε εye adwuma 100% nti εho hia sε wokε so ara di akwankyerε a εwε εman no mu no so.

Sε wobεbε wo ho ne w'abusua, wo nnamfonom ne w'afεfoε, εsε sε wokε so ARA:

- baabi a εsε no εobehye wo nkatanim no
- taa hohoro wo nsa yie na hohoro no yie
- bue mpoma na mframa mmra mu
- di mprenmpren akwankyerε so

Nufoεma

Mfasoε a εwε nufoεma dee obiara nim.

JCVI no akamfo akyerε sε sε obi rema nufoε mpo a wobεtumi awo paneε no. Wei ne nyansahye a εfiri USA ne Wiase nyinaa Apomuden Ahyehyedeε (WHO) no hyia.

Te sε nnuro nyinaa no, paneε no no βεtumi akofa akyire nsunsoε abε. Ɛβεboε wo ama woahunu dee εsε sε wohwe kwan bere a woawo paneε no, ne titire sε wowo ba anaase wowo mmεfra afoforo a worehwe wε a.

Yesre kenkan krataawa 'dee εsε sε wohwe kwan bere a woawo COVID paneε' www.gov.uk/government/publications/covid-19-vaccination-what-to-expect-after-vaccination.

The Royal College of Obstetricians and Gynaecologists (RCOG) ne Royal College of Midwives (RCM) εwε gyinaεsise akwankyerε ne nsem afoforo wobεhunu sε εβεboε no εwε COVID-19 paneε ne nyinsεn (rcog.org.uk – www.rcm.org.uk/guidance-for-pregnant-women).

Sε wope sε wotwetwe COVID-19 paneε ho a, yesre wone wo midwife, dokota anaase wo nεese nni nkitaho.

Mpo wo paneεwε no kosi sε wobεwε, nya bere na nya ahobanmmo a edi mu a yεwε a εkotia COVID-19 yareε εma wo ho ne wo ba.

Panewo, boε bε wεn a εnye den sε wobεtumi anya bi no.



Saa krataawa yi bi nso εwε anifrafoε atwereε (braille), sε vidio εwε BSL, atwereε akεsεε mu, sε odio faale na εwε kasa 27 mu, yesre kε www.healthpublications.gov.uk na kotwe anaase kra bi seesei ara. anaase fre 0300 123 1002 na fa kra bi.