



## Understanding Your Child's Behaviour



There is no such thing as a perfect parent or a perfect child and parenting can be hard and it's about recognising that it is hard

We know that life is not normal at the moment due to Coronavirus however we recognise that parents/carers still need information to support their child. The School Nursing Service offer free behaviour workshops to parents and carers of children aged 4-19 years.

We cannot deliver face to face workshops at the moment because of social distancing guidance. We can offer these sessions virtually. We are offering video sessions via Microsoft Teams which is a safe application used by the NHS.

This workshop explores:

- The reasons why children behave in the way they do!
- What causes poor behaviour
- How to encourage positive behaviour
- Working together with your child's school
- Information about our parenting programmes & the Walsall Way of Parenting
- Accessing 'Early Help' to support your child or teenager

To book on a session, you can call our single point of access on **01922 423349**. We want to keep these sessions safe and open only to parents/carers of children attending a Walsall school. When you call, we will ask you a few details so that we can verify you and your child's details. Once you have booked a session, we will then send you an email invite to join that session nearer the time of the session. Your email will be hidden from other parents on the session.

