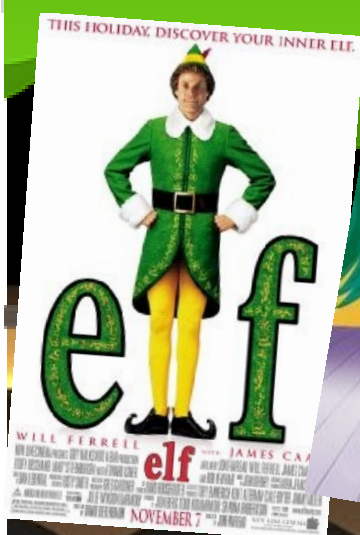


Distraction Therapy Christmas Film Collection



Films can be viewed using My Life computer monitors.

For further information ward staff can contact us:

Library and Knowledge Services

Email: library.service@walsallhealthcare.nhs.uk

Ext: 01922 656628 / 656920

Distraction Therapy Film Collection



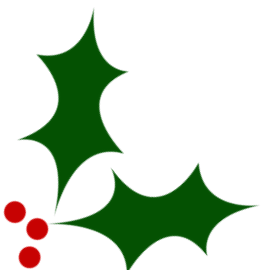
Colleagues wishing to support dementia patients in their areas can now access a great collection of Christmas films!

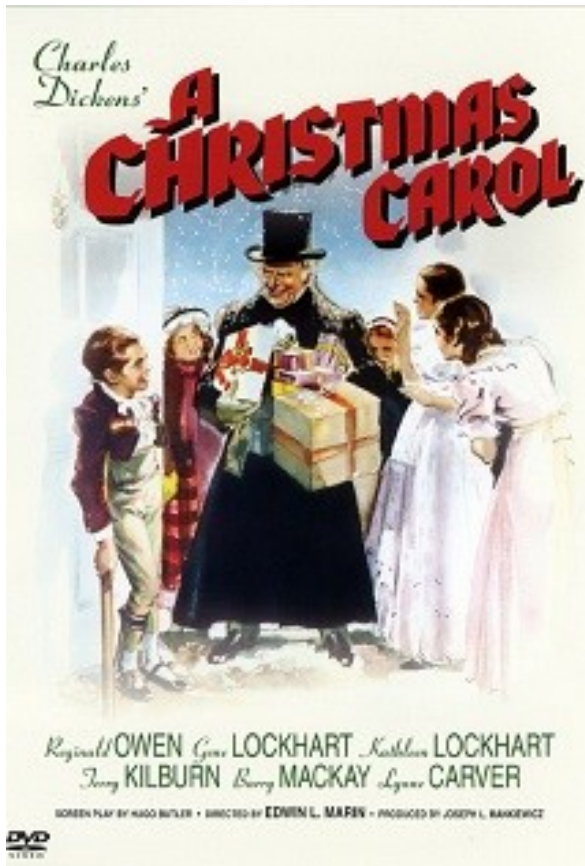
Films are proven to help people reconnect with their memories and other people. This is because patients with short-term memory problems often have a memory for the past which is well preserved.

As well as engaging the brain and stimulating emotions, films can also help patients with dementia feel less isolated. Films can enrich lives, and reduce stress by enhancing self-confidence and self-esteem.

The films can be viewed using My Life computer monitors, part of the Distraction Therapy Collection available for wards to loan via the Library Service.

This service is also suitable for patients with learning disabilities and vulnerable adults.





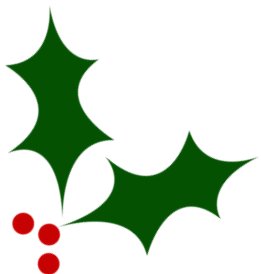
A Christmas Carol

Ebenezer Scrooge, a miserly, cold-hearted creditor, continues his stingy, greedy ways on Christmas Eve. He rejects a Christmas dinner invitation and all the good tidings of the holiday, from his jolly nephew, Fred; he yells at charity workers; and he overworks his employee, Bob Cratchit.



A Christmas Story

Ralphie Parker, spends most of his time dodging a bully and dreaming of his ideal Christmas gift, a "Red Ryder air rifle." Frequently at odds with his cranky dad but comforted by his doting mother, Ralphie struggles to make it to Christmas Day with his glasses and his hopes intact.



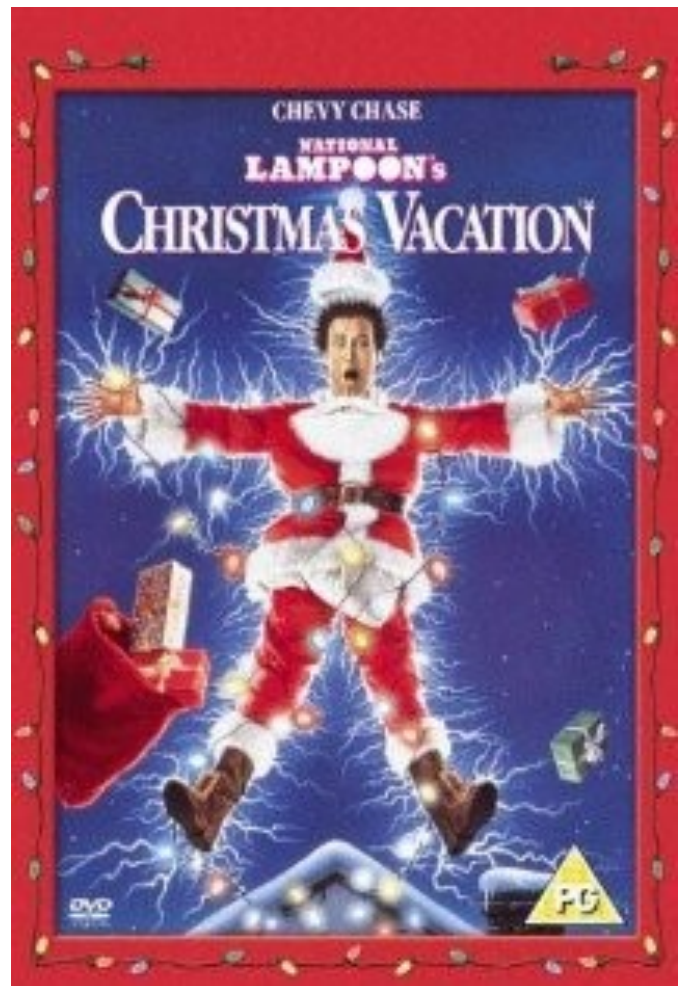
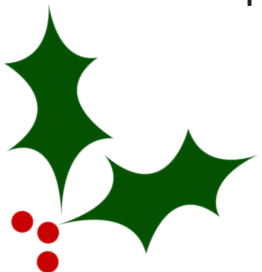


A Christmas Story 2

Teenage Ralphie wrecks his dream car before he even gets it off the lot, so he and his friends get jobs to earn enough money to fix it before the Old Man finds out.

Christmas Vacation

As the holidays approach, Clark wants to have a perfect family Christmas, so he pesters his wife Ellen, and children, as he tries to make sure everything is in line. However, things go awry quickly. His cousin, Eddie, and his family show up unplanned and start living in their camper on the Griswold property.



THIS HOLIDAY, DISCOVER YOUR INNER ELF.



Elf

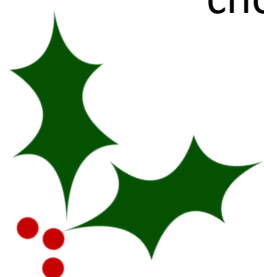
Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs, a cynical businessman.

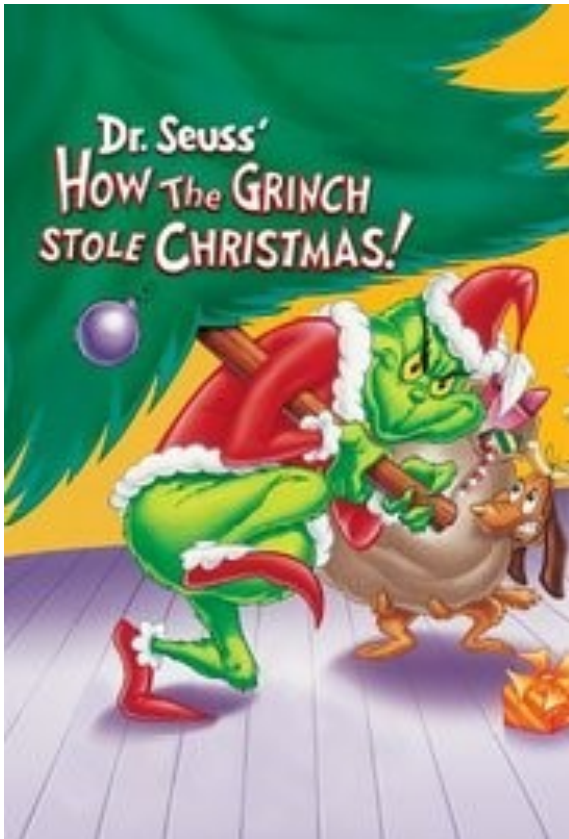


Four Christmases

When their plans for an exotic vacation fall apart, unmarried couple Brad and Kate must spend Christmas Day trudging around to a quartet of family get-togethers. While Brad counts the hours till he can escape the onslaught of crazy relatives, Kate

begins to wonder about her own choices and ponders whether her family members are so crazy after all.





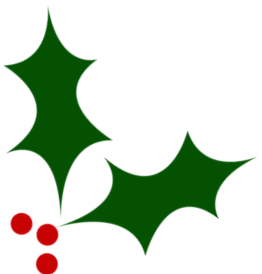
How the Grinch Stole Christmas

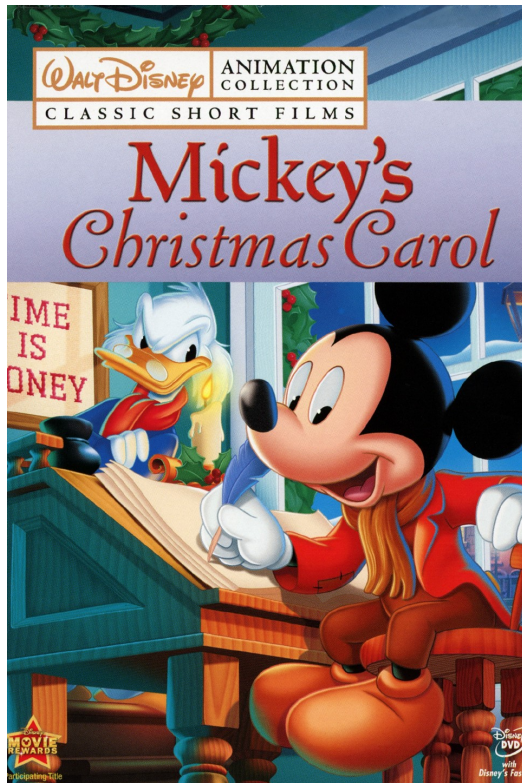
A reclusive green Grinch decides to ruin Christmas for the cheery citizens of Whoville. Reluctantly joined by his hapless dog Max, the Grinch comes down from his mountaintop home and sneaks into town to swipe everything holiday-related from the Who's.

However, the bitter grump finds a hitch in his plans when he encounters the endearing Cindy Lou Who.

Jack Frost

Jack Frost is the personification of frost, ice, snow, sleet, winter, and freezing cold. He is a variant of Old Man Winter who is held responsible for frosty weather, nipping the fingers and toes in





Mickey's Christmas Carol

Mickey's Christmas Carol is a 1983 American animated featurette produced by Walt Disney Productions and released by Buena Vista Distribution. It was directed and produced by Burny Mattinson.

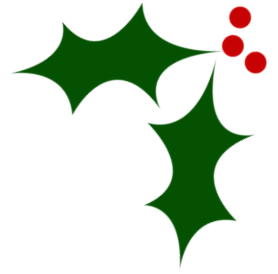
The Muppets Christmas Carol

The Muppets perform the classic Dickens holiday tale, with Kermit the Frog playing Bob Cratchit, the put-upon clerk of stingy Ebenezer Scrooge. Other Muppets weave in and out of the story, while Scrooge receives visits from spirits of three Christmases. They show him the error of his self-serving ways, but the miserable old man seems to be past any hope of redemption and happiness.





The Nightmare Before Christmas



Jack Skellington, Halloween town's beloved pumpkin king, has become bored with the same annual routine of frightening people in the "real world." When Jack accidentally stumbles on Christmas town, all bright colours and warm spirits, he gets a new lease on life - he plots to bring Christmas under his control by kidnapping Santa Claus and taking over the role.

The Polar Express

When a doubting young boy takes an extraordinary train ride to the North Pole, he embarks on a journey of self-discovery that shows him that the wonder of life never fades for those who believe.

