

## School Nursing Service Offer to Schools



### Introduction

The role of Walsall School Nursing Service (SNS) leads on the delivery of the Healthy Child Programme (HCP) 5-19 with the aim of improving the health and well-being of children and young people (CYP). This is achieved by working with partner agencies including the voluntary sector to:

- Help CYP to lead healthy lives by providing support, information and signposting to other services to enable healthier choices.
- Provide a universal health intervention and health promotion in accordance with the Healthy Child Programme 5-19 (DH 2009).
- Working as part of Walsall's Early Help offer to support children, young people and families who need additional support.

- Work within local guidelines and follow the recommendations of 'Working Together to Safeguard Children' (DoH, 2015) to safeguard children and young people.
- Support CYP with additional health needs such as those in need with long term conditions, special educational needs and disability, mental health problems and young carers

### **Age range**

The SNS provides health services to meet the needs children and young people between the ages of 4 (in Reception Year) and 19 years who

- Attend a Walsall school including special school provisions
- Other Walsall education providers
- Children who are resident in the Walsall borough and are electively home educated.

### **Our core offer to schools**

We offer a range of services which are free at the point of access to schools. These include:

School Visit (Autumn Term). This is a meeting with designated staff from school e.g. SENCo, Pastoral Lead, Head Teacher. At this visit will can update you about the school nurse offer and plan what support you might need during the forthcoming school year

Pupils Information Assemblies (Secondary Schools) We can deliver assemblies to all school years and tell pupils about the role of the school nurse, how to access the service including access to our digital offer

Parents Information Sessions (All schools) Schools can choose a health topic area which they have identified as a key area of need for the school. We can deliver an information session for parents and offer a drop in session. This will normally take place in the spring term

Parent Transition Information Sessions (All Schools) We will deliver and information session, tailored to needs of parents of children making the transition into reception year or from year 6 to year 7. We will provide information about the school nursing service and health topics which are relevant to the stage of transition

Transition Stall for Year 7 pupils (Secondary Schools) We will provide a 'drop in' session in the form of a stall in school for pupils to access and find out more information about our service

Supporting Pupils with Medical Needs training We provide a workshop for school staff which provides information and guidance on common medical issues, minor ailments, and producing care plans for supporting children with medical needs. This training is centrally delivered but can be purchased as a bespoke session delivered in school.

Delivery High Quality Relationship and Sex (RSE) Education Training Session We provide a workshop for school staff which provides information and guidance on delivering high quality RSE and an introduction to free resource website (EasySRE) . This training is centrally delivered but can be purchased as a bespoke session delivered in school.

EasySRE Web resources for delivery of RSE and PSHE topics This is a web resource based on a website [www.easysre.co.uk](http://www.easysre.co.uk) which provides schools with a range of resources to support delivery of RSE

School Nurse Champions programme This is a user engagement programme which we deliver over 1 term. We train pupils as school nurse champions, they develop skills in peers consultation, analysing and presenting results which results in obtaining an ASDAN Award.

Parent workshop on healthy lifestyles and National Child Measurement Programme (NCMP) We provide a workshop which informs parents about the NCMP programme, understanding your child's results and how to access support and programmes which promote healthy lifestyles. These workshops are delivered in schools

Parent ChatHealth Text Service (all parents) Parents can text a school nurse and ask questions on any health matter. This leads to an individual text conversation and advice from a qualified nurse

Teen ChatHealth Text Service (pupils in Year 6 and above) Young people can text a school nurse and ask questions on any health matter. This leads to an individual text conversation and advice from a qualified nurse.

Health for Teens website This is a website containing a wealth of information for young people about a range of health issues and includes a local area to find out more about Walsall School Nurse Services

Health for kids website This is a website containing a wealth of information for children about a range of health issues and includes a local area to find out more about Walsall School Nurse Services. The site has a parents area.

In addition children, young people and parents can access the following support. These groups and workshops are delivered across the borough and via Early Help localities, on a rolling programme throughout the year

- **Parenting groups** (Understanding your child's behaviour, Triple P, Cygnet and Adult Resilience)
- **Children's Group** (Fun FRIENDS (4-7 years), Primary FRIENDS, Teen Friends and Anger Management (primary age))
- **Parent workshops** (Understanding children's emotions, understanding children's behaviour, Toilet training, Managing bedwetting, Healthy Lifestyles)

### **Traded Services**

Schools can purchase additional provision above the standard core offer.

### **How can I contact my local School Nurse Team?**

#### **School Nursing Service –**

Harden Health Centre, Harden Road, Walsall. WS3 1ET

Email: [schoolnursing@walsallhealthcare.nhs.uk](mailto:schoolnursing@walsallhealthcare.nhs.uk)

Tel: 01922 423349

#### **Our ChatHealth Text Services**

Parents/carers: 07520 634909

Young People aged 11-19: 07480 635363.

#### **Our Websites**

Information for young people: [www.healthforteens.co.uk](http://www.healthforteens.co.uk)

Information for children and their parents: [www.healthforkids.co.uk](http://www.healthforkids.co.uk)

Information for professionals: [www.walsallhealthcare.nhs.uk/our-services/school-nursing/](http://www.walsallhealthcare.nhs.uk/our-services/school-nursing/)